

# SAUSD School Illness Guidelines

The following guidelines have been developed to help you determine when your student needs to stay home or go home from school

***In most situations, any student who develops new, unexplained symptoms should not return to campus until it is clear that symptoms are mild and improving or are due to a non-infectious cause. For some instances a healthcare provider documentation may be requested.***

<b>COVID-19 Positive</b> Please notify the school office if your student tests positive	<ul style="list-style-type: none"> <li>➤ Stay home for at least 5 days after start of symptoms, or after date of first positive test if no symptoms</li> <li>➤ Return to school on Day 6, if negative Covid-19 antigen test on Day 5 or after             <ul style="list-style-type: none"> <li>○ Must show the negative test (email photo ok) to the school</li> </ul> </li> <li>➤ If no test or testing positive on Day 5(or later), student may return to school on Day 11</li> </ul>
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SYMPTOMS	Should your student stay home or go home from school?
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<b>Fever</b>	<b>Yes, if</b> <ul style="list-style-type: none"> <li>● Fever of 100.4°F or greater, or student acts ill or student unable to comfortably participate in school activities</li> </ul> <b>Must:</b> Stay home until 24 hours have passed since resolution of fever without the use of fever-reducing medications <b>Recommendation:</b> Student should test for Covid-19
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<b>Congestion: Nasal Drainage/Cough/Sore Throat</b>	<b>Yes, if</b> <ul style="list-style-type: none"> <li>● Student looks/acts ill, or can not comfortably participate in school activities</li> <li>● Difficulty breathing</li> <li>● Persistent cough or nasal drainage not easily managed</li> <li>● Wheezing, if not previously evaluated and treated</li> </ul> <b>Recommendation:</b> If symptoms are not improving, student should test for Covid-19
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<b>Headache Fatigue/ Muscle or Body Aches</b>	<b>Yes, if</b> <ul style="list-style-type: none"> <li>● If symptoms do not go away after resting</li> <li>● Student looks/acts ill, or can not comfortably participate in school activities</li> <li>● Recent history of head injury</li> </ul> <b>Recommendation:</b> If symptoms are not improving, student should test for Covid-19
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<b>Diarrhea/Vomiting</b>	<b>Yes, if</b> <ul style="list-style-type: none"> <li>● Diarrhea/Vomiting 2 or more times in prior 24 hours, keep home for 24 hours after the last episode</li> <li>● Student looks/acts ill, or can not comfortably participate in school activities</li> <li>● Student wears diapers and stool is not contained in the diaper</li> <li>● Recent history of head injury</li> </ul> <b>Recommendation:</b> If symptoms are not improving, student should test for Covid-19
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<b>New loss of taste/smell</b>	<b>Recommendation:</b> Student should test for Covid-19
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<b>Eye Irritation and or Pinkeye/ Conjunctivitis</b>	<b>Yes, if</b> <ul style="list-style-type: none"> <li>● Red eyes with significant yellow/mucus drainage</li> <li>● There is an outbreak in a classroom or recommended by healthcare provider</li> </ul> ➤ <i>If eyes have no drainage-student may stay at school</i>
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<b>Rash</b>	<b>Yes, if</b> <ul style="list-style-type: none"> <li>● Significant rash</li> <li>● Oozing/open wound with active drainage</li> </ul> ➤ <i>If rash is not draining &amp; is covered by a small bandage, may stay at school</i> <b>Must:</b> Student may return to school with no rash or with a note from healthcare provider indicating the student's condition is non-infectious
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<b>Stomach Ache</b>	<b>Yes, if</b> <ul style="list-style-type: none"> <li>● Student looks/acts ill, or can not comfortably participate in school activities</li> <li>● Severe pain that continues for more than two hours</li> <li>● Associated with diarrhea or vomiting, bloody/black stools, or stomach ache after injury</li> </ul>
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